

WINTER SEMESTER CLASS CATALOG

October 1st, 2026 – March 31, 2027



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HOW TO REGISTER:

1. REGISTER ONLINE:

[HTTPS://THEARCOFANCHORAGE.ORG/CLASSES-EVENTS/](https://thearcofanchorage.org/classes-events/)

2. REGISTER IN PERSON:

2211 ARCA DRIVE ANCHORAGE, AK 99508

3. REGISTER BY PHONE:

CONTACT REC/SPARC TEAM LEAD AT 907-777-0359

OR PROGRAM DIRECTOR AT 907-777-0157

Classes at The Arc of Anchorage run for six months in two semester blocks:

Summer Semester: April through September
Winter Semester: October through March

*Please note, you must be enrolled in the Rec/Sparc program to register and attend classes outlined. This also applies to specific events listed on our calendar pages; these are not open to the public.

*Payment is required before the start date of the semester. All sales are final.

WINTER 2026-2027 AGENCY CLOSURES

NOVEMBER 26, 2026 – Thanksgiving Day

DECEMBER 25, 2026 – Christmas Day

JANUARY 1, 2027 – New Year’s Day

MARCH 29, 2027 – Staff Inservice

*Please note that on these dates, there will be no classes for the Rec/Sparc program.

Who Can Attend

Registration is open to participants ages 16 and over who have chosen The Arc of Anchorage as a service provider in their approved Waiver Support Plan through the State of Alaska. If you’re interested in receiving services and taking classes at The Arc of Anchorage, please visit thearcofanchorage.org/services and complete an intake application. Participants must be enrolled in the Rec/Sparc program to register and attend classes outlined.

Registration

Registration may be completed at any time throughout the semester by visiting thearcofanchorage.org/classes-events. Fees may be pro-rated for participants who join classes mid-semester. Please note that class fees go towards supplies and activity costs, and are separate from the services The Arc bills through Medicaid. Additionally, class fees are paid once and cover costs for the six month semester.

Arrival/Departure Times

Attendees should arrive at the start of class, or no later than 30 minutes prior to the class start time. Pickups should occur and be scheduled no later than 30 minutes after the scheduled class end time.

Transportation Reimbursement

The Arc of Anchorage pays transportation fees for participants who attend classes and receive Day Habilitation services in the Rec/Sparc program. We cover Anchor Rides to and from classes.

Contact Information

Vanessa Solorio | Director of Community Programs
907.777.0157 | vsolorio@thearcofanchorage.org

Elizabeth Moore | Rec/Sparc Team Lead
907.777.0359 | emoore@thearcofanchorage.org

Teri Nickels | Recreation Coordinator & Activity Specialist
907.777.0185 | tnickels@thearcofanchorage.org

CLASS DESCRIPTIONS



Classes are beneficial because they provide structured learning opportunities, foster personal growth, and encourage social interaction. The ARC organization offers tailored classes that enhance life skills, boost self-confidence, and promote independence.

These classes also create a supportive environment where students can connect with peers, build friendships, and develop a sense of belonging, all while receiving the guidance and resources needed to thrive.

CLASSES

MONDAY

Ceramics	1:30pm - 5:30pm	Sparc	\$220	Create unique ceramic pieces as you develop skills in working with clay, glazing, designing, and decorating to make sculptures, vases, teapots, and so much more! Learn to finish ceramic artwork suitable for professional display, retail sale, or gift-giving. The class fee covers clay, glaze, and materials used for 6-months. *Disclaimer: Kiln is only fired when full.
Cooking Around the World on a Monday	1:30pm - 5:30pm	Recreation Center	\$300	Embark on a delicious journey and explore the diverse flavors of the world in this hands-on cooking class! Each week, you'll "travel" to a different country and learn how to prepare traditional dishes from various cultures. This class is perfect for food lovers who want to expand their culinary skills, discover new ingredients, and enjoy the rich variety of global cuisine. The class fee covers the cost of groceries for 6-months.
Karaoke & Dance	1:30pm - 5:30pm	Recreation Center	Free	Unleash your inner performer in this high-energy, fun-filled class that combines karaoke and dance! Whether you love to sing, groove, or both, this class is the perfect way to boost your confidence, learn some new moves, and have a blast while doing it. Showcase your talent by performing on stage in front of an audience mid-semester and at the end of the semester.

TUESDAY

Beading & Jewelry	10:30am - 12:30pm	Sparc	Free	Learn the fundamentals of jewelry making! Take advantage of our large bead collection to design and fashion a number of items such as necklaces, earrings, and keychains. Explore new methods to create accessories that everyone will love to wear. Beginners to experienced artists are welcome!
Game Day	1:30pm - 5:30pm	Recreation Center	Free	Join us as we participate in a wide variety of structured games that promote social interaction, critical thinking, and group dynamics. Emphasis is placed on creativity, inclusive participation, and the development of interpersonal and problem-solving skills. Enjoy a day of games with your peers!
Stained Glass & Glass Fusion	1:30pm - 5:30pm	Sparc	\$280	Explore two complementary glass arts in one class. Create a stained glass window using traditional cutting, grinding, foiling, and soldering techniques, and experiment with glass fusion to produce radiant kiln-fused pieces. Artwork is suitable for professional display, retail sale, or gift-giving. The class fee includes studio supplies and materials for six months. *Disclaimer: This is an intermediate to advanced class.
Tuesday Bowling	1:30pm - 5:30pm	Recreation Center	\$200	Get ready to have fun, improve your bowling skills, and make new friends in this group bowling class designed for all skill levels. Whether you're just starting out or looking to refine your technique, this class offers a supportive, social atmosphere where you can learn and grow alongside your peers. The class fee covers weekly bowling costs and shoe rentals for 6-months. *Disclaimer: Please bring your own snacks.

WEDNESDAY

Open Studio	10:30am -12:30pm	Sparc	Free	This dynamic and hands-on class invites individuals to explore a variety of creative mediums in an open studio format. Whether you are a beginner or an experienced artist, this class provides a supportive environment to experiment with and develop skills in a range of artistic disciplines. The class includes: painting, beading and jewelry making, drawing, fiber arts, costume design or sewing, and mask making! Throughout the class, individuals will have access to all necessary materials and will receive individualized guidance and support from instructors. An ideal setting to broaden your artistic skills and enjoy the flexibility to work at your own pace in a variety of media. The class fee covers studio supplies and materials used for 6-months.
Painting	1:30pm - 5:30pm	Sparc	\$200	Learn about different painting movements and techniques while you create beautiful artwork suitable for professional display, retail sale, or gift-giving! This class will have structured lessons that teach beginning skills, like color mixing, brush selection, and canvas preparation, layering, and value. The class fee covers studio supplies and materials used for 6-months.
Wednesday Bowling	1:30pm - 5:30pm	Recreation Center	\$200	Get ready to have fun, improve your bowling skills, and make new friends in this group bowling class designed for all skill levels. Whether you're just starting out or looking to refine your technique, this class offers a supportive, social atmosphere where you can learn and grow alongside your peers. The class fee covers weekly bowling costs and shoe rentals for 6-months. *Disclaimer: Please bring your own snacks.
Cooking Around the World on a Wednesday	1:30pm - 5:30pm	Recreation Center	\$300	Embark on a delicious journey and explore the diverse flavors of the world in this hands-on cooking class! Each week, you'll "travel" to a different country and learn how to prepare traditional dishes from various cultures. This class is perfect for food lovers who want to expand their culinary skills, discover new ingredients, and enjoy the rich variety of global cuisine. The class fee covers the cost of groceries for 6-months.

THURSDAY

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Print Making	1:30 pm - 5:30 pm	Sparc	\$100	Discover the art of printmaking! Learn hands-on techniques including monoprint, relief, intaglio, and silkscreen while creating unique, expressive prints of your own design. Great for beginners! The class fee covers studio supplies and materials used for 6-months.
Scrapbooking	1:30 pm - 5:30 pm	Recreation Center	\$80	Preserve your favorite memories in our Scrapbooking Class! Perfect for beginners and experienced crafters alike, this hands-on class will teach you creative layout techniques, color coordination, journaling, and embellishment ideas while you design beautiful scrapbook pages. Bring your favorite photos and at the end of the semester, leave with a completed book, fresh inspiration, and new skills to continue creating meaningful keepsakes at home.
Movie Enthusiast	1:30 pm - 5:30pm	Recreation Center	\$280	Lights, camera, action! Vote on the movies you want to see and enjoy group outings to local theaters with fellow film fans. From new releases to classics, this class celebrates all things cinema. Movie tickets to Cinemark and Regal are included for 6-months—just bring money for snacks! *Disclaimer: R-rated films may be chosen. No reimbursment for absences.

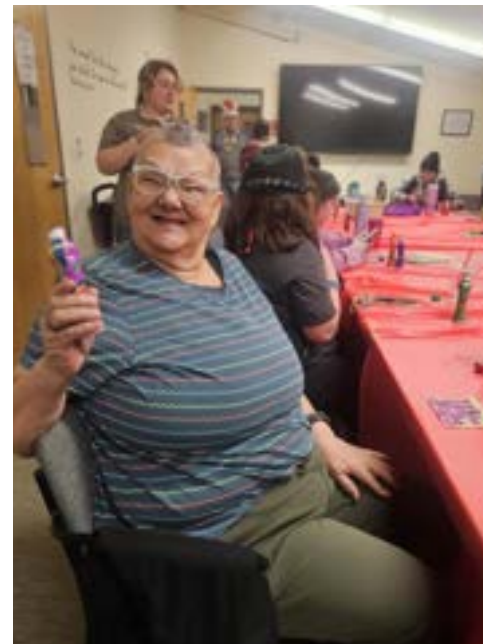
FRIDAY

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Open Studio	1:30 pm - 5:30 pm	Sparc	Free	Get creative in this fun, open studio class! Experiment with painting, drawing, jewelry making, fiber arts, sewing, costume design, mask making, and more. All skill levels are welcome, materials are included, and instructors are there to support you as you explore and create at your own pace. The class fee covers studio supplies and materials used for 6-months.
Bingo!	1:30 pm - 5:30 pm	Recreation Center	\$100	Come play, laugh, and connect with your peers! This lighthearted class brings everyone together for classic and creative Bingo games while learning how to host and hype a great event for others. Perfect for anyone who loves a good time and wants to build community through fun and inclusive recreational fun. The class fee covers prize winnings options for participants for 6-months.
Active for Life & Basketball	1:30 pm - 5:30 pm	Recreation Center	Free	This class helps you build lifelong habits to stay active, healthy, and energized at any age. Improve your fitness, strength, and overall wellness through a fun mix of movement, gym games, and sports—including a dedicated basketball class. Activities may also include volleyball, tennis, badminton, soccer, and more, all designed to keep you moving and having fun. *Disclaimer: Please wear appropriate gym shoes and athletic wear. Any outdoor activity will be planned in advance.

CLASS COLLAGE

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REC/SPARC CALENDAR

The Arc of Anchorage | 907.277.6677
2211 Arca Drive, Anchorage, AK 99508

Register at: thearcofanchorage.org/classes-events
Schedule a tour by calling 907.277.6677

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We seize the opportunities to create
adventure and fulfillment in all aspects of life.
Our Core Value of JOY

OCTOBER

SUN	MON	TUE	WED	THU	FRI	SAT
				1 FIRST DAY OF CLASSES	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21 OCTOBER BIRTHDAY PARTY 4:30 P.M. - 5:30 P.M.	22	23 HOCUS POCUS DANCE 6:00 P.M. - 8:00 P.M.	24
25	26	27	28	29	30	31

See website for all classes, fees and descriptions.
Register at thearcofanchorage.org/classes-events.



Follow us on social media.



Open to the Public



Open Only to Individuals Receiving Services

NOVEMBER

SUN	MON	TUE	WED	THU	FRI	SAT
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18 NOVEMBER BIRTHDAY PARTY 4:30 P.M. - 5:30 P.M.	19	20 LUAU DANCE 6:00 P.M. - 8:00 P.M.	21
22	23	24	25	26 AGENCY CLOSED THANKSGIVING	27	28
29	30					

See website for all classes, fees and descriptions.
Register at thearcofanchorage.org/classes-events.



Follow us on social media.



Open to the Public



Open Only to Individuals Receiving Services

REC/SPARC
CALENDAR

The Arc of Anchorage | 907.277.6677
2211 Arca Drive, Anchorage, AK 99508

Register at: thearcofanchorage.org/classes-events
Schedule a tour by calling 907.277.6677

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We do the right thing. Our Core Value of Integrity

DECEMBER

SUN	MON	TUE	WED	THU	FRI	SAT
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16 DECEMBER BIRTHDAY PARTY 4:30 P.M. - 5:30 P.M.	17	18 HOLLYWOOD RED CARPET DANCE 6:00 P.M. - 8:00 P.M.	19
20	21	22	23	24	25 AGENCY CLOSED CHRISTMAS	26
27	28	29	30	31		

See website for all classes, fees and descriptions.
Register at thearcofanchorage.org/classes-events.



Follow us on social media.



Open to the Public



Open Only to Individuals Receiving Services

JANUARY

SUN	MON	TUE	WED	THU	FRI	SAT
					1 AGENCY CLOSED NEW YEARS	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20 JANUARY BIRTHDAY PARTY 4:30 P.M. - 5:30 P.M.	21	22 MARVEL SUPERHERO DANCE 6:00 P.M. - 8:00 P.M.	23
24	25	26	27	28	29	30

See website for all classes, fees and descriptions.
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REC/SPARC CALENDAR

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We honor everyone's heritage, history,
experiences and specific personal interests.
Our Core Value of Respect

FEBRUARY

SUN	MON	TUE	WED	THU	FRI	SAT
31	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17 FEBRUARY BIRTHDAY PARTY 4:30 P.M. - 5:30 P.M.	18	19	20
21	22	23	24	25	26 DISNEY PIXAR DANCE 6:00 P.M. - 8:00 P.M.	27
28						

See website for all classes, fees and descriptions.
Register at thearcofanchorage.org/classes-events.


Follow us on social media.

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MARCH

SUN	MON	TUE	WED	THU	FRI	SAT
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17 MARCH BIRTHDAY PARTY 4:30 P.M. - 5:30 P.M.	18	19	20
21	22	23	24	25	26 DECADES DANCE 6:00 P.M. - 8:00 P.M.	27
28	29 PROGRAM CLOSED STAFF INSERVICE	30	31 LAST DAY OF CLASSES			

See website for all classes, fees and descriptions.
Register at thearcofanchorage.org/classes-events.


Follow us on social media.

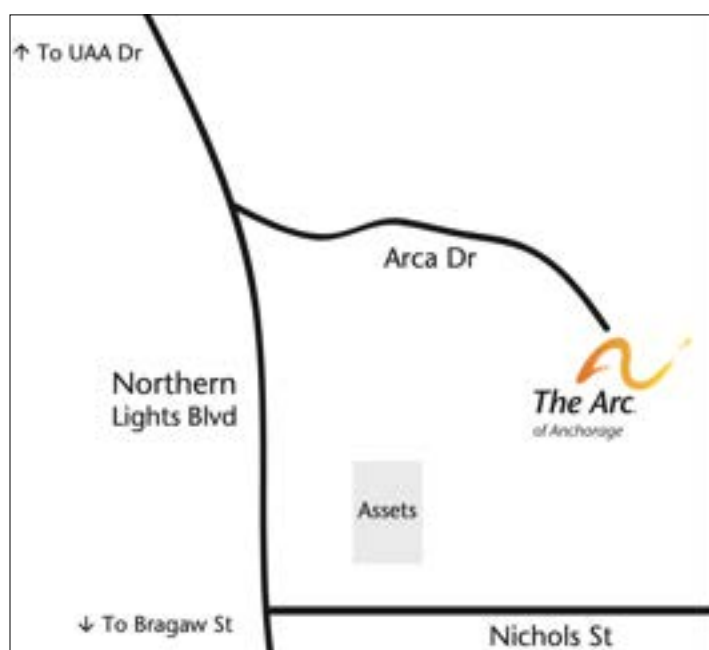
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2211 Arca Drive
Anchorage, AK 99508-3462



**REGISTER FOR CLASSES
STARTING SEPTEMBER 1ST, 2026
OR ANYTIME DURING THE SEMESTER.**

**REGISTER ONLINE:
[HTTPS://THEARCOFANCHORAGE.ORG/CLASSES/](https://thearcofanchorage.org/classes/)**

CLASSES BEGIN OCTOBER 1ST, 2026.

REC/SPARC PROGRAM

907.277.6677
2211 Arca Drive
Anchorage AK, 99508

Achieve with us.