

WINTER SEMESTER CLASS CATALOG

October 1, 2025 - March 30, 2026



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HOW TO REGISTER:

1. REGISTER ONLINE:

[HTTPS://THEARCOFANCHORAGE.ORG/CLASSES-EVENTS/](https://thearcofanchorage.org/classes-events/)

2. REGISTER IN PERSON:

2211 ARCA DRIVE ANCHORAGE, AK 99508

3. REGISTER BY PHONE:

CONTACT REC/SPARC TEAM LEAD AT 907-777-0359

OR PROGRAM DIRECTOR AT 907-777-0157

Classes at The Arc of Anchorage run for six months in two semester blocks:

Summer Semester: April through September

Winter Semester: October through March

*Please note, you must be enrolled in the Rec/Sparc program to register and attend classes outlined. This also applies to specific events listed on our calendar pages; these are not open to the public.

*Payment is required before the start date of the semester. All sales are final.

WINTER 2025-2026 AGENCY CLOSURES

NOVEMBER 27, 2025 - Thanksgiving

DECEMBER 25, 2025 - Christmas Day

JANUARY 1, 2026 - New Years Day

****MARCH 31, 2026** - Community Programs Dept. Staff In-Service

*Please note that on these dates, there will be no classes for the Rec/Sparc program.

Class Information

Who Can Attend

Registration is open to participants ages 16 and over who have chosen The Arc of Anchorage as a service provider in their approved Waiver Support Plan through the State of Alaska. If you're interested in receiving services and taking classes at The Arc of Anchorage, please visit thearcofanchorage.org/services and complete an intake application. Participants must be enrolled in the Rec/Sparc program to register and attend classes outlined.

Registration

Registration may be completed at any time throughout the semester by visiting thearcofanchorage.org/classes-events. Fees may be pro-rated for participants who join classes mid-semester. Please note that class fees go towards supplies and activity costs, and are separate from the services The Arc bills through Medicaid. Additionally, class fees are paid once and cover costs for the six month semester.

Arrival/Departure Times

Attendees should arrive at the start of class, or no later than 30 minutes prior to the class start time. Pickups should occur and be scheduled no later than 30 minutes after the scheduled class end time.

Transportation Reimbursement

The Arc of Anchorage pays transportation fees for participants who attend classes and receive Day Habilitation services in the Rec/Sparc program. We cover Anchor Rides to and from classes.

Contact Information

Vanessa Solorio | Director of Community Programs
907.777.0157 | vsolorio@thearcofanchorage.org

Adam White | Rec/Sparc Team Lead
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Teri Nickels | Recreation Coordinator & Activity Specialist
907.777.0185 | tnickels@thearcofanchorage.org

CLASS DESCRIPTIONS



Classes are beneficial because they provide structured learning opportunities, foster personal growth, and encourage social interaction. The ARC organization offers tailored classes that enhance life skills, boost self-confidence, and promote independence.

These classes also create a supportive environment where students can connect with peers, build friendships, and develop a sense of belonging, all while receiving the guidance and resources needed to thrive.

CLASSES

MONDAY

05

Ceramics	1:30 pm - 5:30 pm	Sparc	\$220	Create unique ceramic pieces as you develop skills in working with clay, glazing, designing, and decorating to make sculptures, vases, teapots, and so much more! Learn to finish ceramic artwork suitable for professional display, retail sale, or gift-giving. The class fee covers clay, glaze, and materials used for 6 months. *Disclaimer: Kiln is only fired when full.
Cooking Around the World on a Monday	1:30 pm - 5:30pm	Recreation Center	\$260	Get ready to fire up the grill and master the art of BBQ in this beginner-friendly cooking class. Whether you're new to grilling or just want to refine your skills, this hands-on class will guide you through all the basics. Come hungry and leave with the confidence to create a perfect summer BBQ every time! Ideal for beginners looking to learn the basics of grilling and gain hands-on experience in a fun, relaxed setting. The class fee covers the cost of groceries for 6 months.
Monday Bowling	1:30 pm - 5:30 pm	Recreation Center	\$150	Get ready to have fun, improve your bowling skills, and make new friends in this group bowling class designed for all skill levels. Whether you're just starting out or looking to refine your technique, this class offers a supportive, social atmosphere where you can learn and grow alongside your peers. The class fee covers weekly bowling costs and shoe rentals for 6 months. *Disclaimer: Please bring your own snacks.

CLASSES

TUESDAY

06

Game Day	1:30 pm - 5:30 pm	Recreation Center	Free	Join us as we participate in a wide variety of structured games that promote social interaction, critical thinking, and group dynamics. Emphasis is placed on creativity, inclusive participation, and the development of interpersonal and problem-solving skills. Enjoy a day of games with your peers!
Stained Glass	1:30 pm - 5:30 pm	Sparc	\$240	Create the perfect stained glass window piece as you design, cut, grind, foil, and solder glass pieces into luminous artwork suitable for professional display, retail sale, or gift-giving. The class fee covers studio supplies and materials used for 6 months. *Disclaimer: This is an intermediate to advanced class.
Karaoke & Dance	1:30 pm - 5:30 pm	Recreation Center	Free	Unleash your inner performer in this high-energy, fun-filled class that combines karaoke and dance! Whether you love to sing, groove, or both, this class is the perfect way to boost your confidence, learn some new moves, and have a blast while doing it. Showcase your talent by performing on stage in front of an audience mid-semester and at the end of the semester.

CLASSES

WEDNESDAY

07

Glass Fusion	10:30 am - 12:30 pm	Sparc	\$100	Glass fusing class is the bonding of separate pieces of glass by high heat, administered in a kiln. It's easy to learn the basics of glass fusing, it's fun, and the possibilities are endless. There is a vast range of techniques, and we are always experimenting! Students will learn the basics of glass fusing including glass cutting, designing, and insight into kiln working. The class fee covers studio supplies and materials used for 6 months.
Painting	1:30 pm - 5:30 pm	Sparc	\$220	Learn about different painting movements and techniques while you create beautiful artwork suitable for professional display, retail sale, or gift-giving! This class will have structured lessons that teach beginning skills, like color mixing, brush selection, and canvas preparation, and intermediate skills, like composition, layering, and value. The class fee covers studio supplies and materials used for 6 months.
Wednesday Bowling	1:30 pm - 5:30 pm	Recreation Center	\$150	Get ready to have fun, improve your bowling skills, and make new friends in this group bowling class designed for all skill levels. Whether you're just starting out or looking to refine your technique, this class offers a supportive, social atmosphere where you can learn and grow alongside your peers. The class fee covers weekly bowling costs and shoe rentals for 6 months. *Disclaimer: Please bring your own snacks.
Cooking Around the World on a Wednesday	1:30 pm - 5:30 pm	Recreation Center	\$260	Embark on a delicious journey and explore the diverse flavors of the world in this hands-on cooking class! Each week, you'll "travel" to a different country and learn how to prepare traditional dishes from various cultures. This class is perfect for food lovers who want to expand their culinary skills, discover new ingredients, and enjoy the rich variety of global cuisine. The class fee covers the cost of groceries for 6 months.

CLASSES

THURSDAY

08

Print Making	1:30 pm - 5:30 pm	Sparc	\$80	Tell your story through prints! Dive into the world of printmaking in this hands-on class, where you'll explore various techniques to create unique and expressive works of art. From woodblock to screen printing, you'll learn how to transfer your designs onto different surfaces and materials, and discover the beauty of repetition, texture, and pattern in printmaking. Learn techniques such as monoprint, intaglio, relief, and silkscreen. By the end of the class, you'll have several prints of your own design and a deeper appreciation for the craft of printmaking. Perfect for beginners and anyone interested in learning a new form of artistic expression! The class fee covers studio supplies and materials used for 6 months.
Bingo	1:30 pm - 5:30pm	Recreation Center	\$50	Come play, laugh, and connect with your peers! This lighthearted class brings everyone together for classic and creative Bingo games while learning how to host and hype a great event for others. Perfect for anyone who loves a good time and wants to build community through fun and inclusive recreational fun. The class fee covers prize winnings options for participants.
Movie Enthusiast	1:30 pm - 5:30pm	Recreation Center	\$280	Calling all movie buffs! Join our movie enthusiast class, where you and your peers get to vote on which films to watch and embark on exciting trips to different local theaters. Whether you're into the latest blockbusters, indie gems, or classic films, this class is all about exploring the magic of cinema in a fun, social setting. Please bring money for snacks to purchase. Movie ticket costs are included for both Cinemark and Regal theaters in the class fee for 6 months. *Disclaimer: R-rated films may be chosen. No reimbursement for absences.

CLASSES

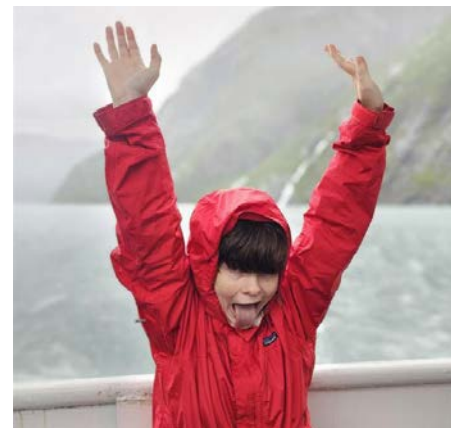
FRIDAY

09

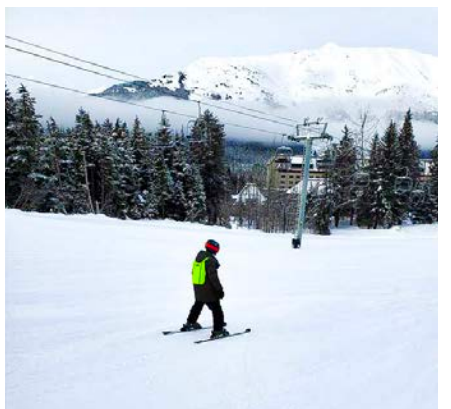
Open Studio	1:30 pm - 5:30 pm	Sparc	\$150	This dynamic and hands-on class invites individuals to explore a variety of creative mediums in an open studio format. Whether you are a beginner or an experienced artist, this class provides a supportive environment to experiment with and develop skills in a range of artistic disciplines. The class includes: painting, beading and jewelry making, drawing, fiber arts, costume design or sewing, and mask making! Throughout the class, individuals will have access to all necessary materials and will receive individualized guidance and support from instructors. An ideal setting to broaden your artistic skills and enjoy the flexibility to work at your own pace in a variety of media. The class fee covers studio supplies and materials used for 6-months.
Friday Bowling	1:30 pm - 5:30 pm	Recreation Center	\$150	Get ready to have fun, improve your bowling skills, and make new friends in this group bowling class designed for all skill levels. Whether you're just starting out or looking to refine your technique, this class offers a supportive, social atmosphere where you can learn and grow alongside your peers. The class fee covers weekly bowling costs and shoe rentals for 6 months. *Disclaimer: Please bring your own snacks.
Active for Life	1:30 pm - 5:30 pm	Recreation Center	Free	This class is designed to help you build lifelong habits that keep you active, healthy, and energized at any age. Whether you're looking to improve your fitness level, stay strong, or simply enjoy a more active lifestyle, this class offers a balanced mix of exercises, wellness tips, and fun activities to keep you moving and feeling great. We have gym games such as volleyball, tennis, badminton, soccer and more! *Disclaimer: Please wear appropriate gym shoes and athletic wear. Any outdoor activity will be planned in advance.

CLASS COLLAGE

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REC/SPARC CALENDAR

The Arc of Anchorage | 907.277.6677
2211 Arca Drive, Anchorage, AK 99508

Register at
thearcofanchorage.org/classes-events.
Schedule a tour by calling 907.277.6677.

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We seize the opportunities to create
adventure and fulfillment in all aspects of life.
Our Core Value of JOY

OCTOBER

SUN	MON	TUE	WED	THU	FRI	SAT
			1 FIRST DAY OF CLASSES	2	3	4
5	6	7	8	9	10	11
12	13	14	15 OCTOBER BIRTHDAY PARTY 4:30 P.M.- 5:30 P.M.	16	17	18
19	20	21	22	23	24 HALLOWEEN DANCE 6:00 P.M.- 8:00 P.M.	25
26	27	28	29	30	31 HALLOWEEN COSTUME CONTEST 12:30 P.M.- 1:30 P.M.	

See website for all classes, fees and descriptions.
Register at thearcofanchorage.org/classes-events.



Follow us on social media.

Open to the Public

Open Only to Individuals Receiving Services

NOVEMBER

SUN	MON	TUE	WED	THU	FRI	SAT
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19 NOVEMBER BIRTHDAY PARTY 4:30 P.M.- 5:30 P.M.	20	21 CARNIVAL DANCE 6:00 P.M.- 8:00 P.M.	22
23	24	25	26	27 AGENCY CLOSED THANKSGIVING DAY HOLIDAY	28	29

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Register at thearcofanchorage.org/classes-events.



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Schedule a tour by calling 907.277.6677.

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We do the right thing. Our Core Value of Integrity

DECEMBER

SUN	MON	TUE	WED	THU	FRI	SAT
30	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17 DECEMBER BIRTHDAY PARTY 4:30 P.M.- 5:30 P.M.	18	19 HARRY POTTER DANCE 6:00 P.M.- 8:00 P.M.	20
21	22	23	24	25 AGENCY CLOSED CHRISTMAS DAY HOLIDAY	26	27
28	29	30	31			

See website for all classes, fees and descriptions.
Register at thearcofanchorage.org/classes-events.



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 Open to the Public

 Open Only to Individuals Receiving Services

JANUARY

SUN	MON	TUE	WED	THU	FRI	SAT
				1 AGENCY CLOSED NEW YEARS DAY HOLIDAY	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21 JANUARY BIRTHDAY PARTY 4:30 P.M.- 5:30 P.M.	22	23 VEGAS DANCE 6:00 P.M.- 8:00 P.M.	24
25	26	27	28	29	30	31

See website for all classes, fees and descriptions.
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REC/SPARC CALENDAR

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Schedule a tour by calling 907.277.6677.




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We honor everyone's heritage, history,
experiences and specific personal inter-
ests.

FEBRUARY

SUN	MON	TUE	WED	THU	FRI	SAT
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18 FEBRUARY BIRTHDAY PARTY 4:30 P.M.- 5:30 P.M.	19	20	21
22	23	24	25	26	27 WILLY WONKA DANCE 6:00 P.M.- 8:00 P.M.	28

See website for all classes, fees and descriptions.
Register at thearcofanchorage.org/classes-events.







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MARCH

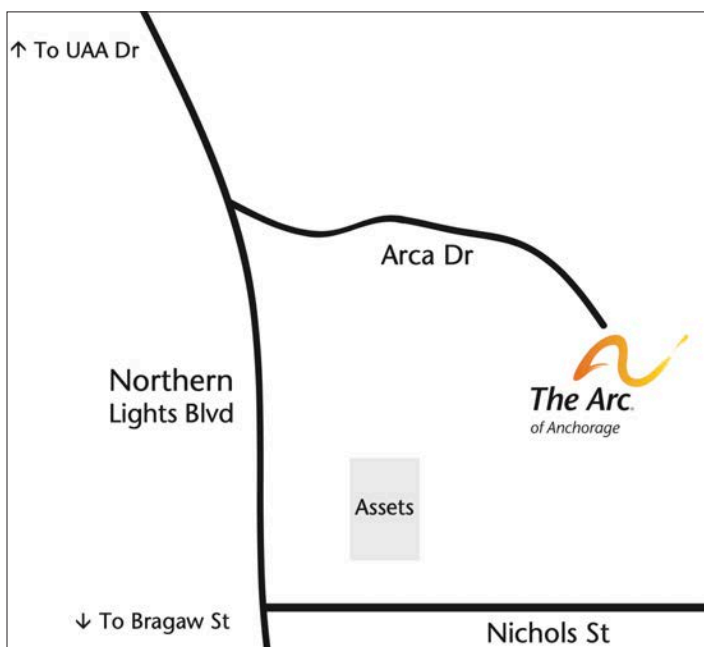
SUN	MON	TUE	WED	THU	FRI	SAT
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18 MARCH BIRTHDAY PARTY 4:30 P.M.- 5:30 P.M.	19	20	21
22	23	24	25	26	27 80'S DANCE 6:00 P.M.- 8:00 P.M.	28
29	30 LAST DAY OF CLASSES	31 AGENCY CLOSED STAFF IN-SERVICE				

See website for all classes, fees and descriptions.
Register at thearcofanchorage.org/classes-events.




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**REGISTER FOR CLASSES
STARTING SEPTEMBER 1ST, 2025
OR ANYTIME DURING THE SEMESTER.**

REGISTER ONLINE:
[HTTPS://THEARCOFANCHORAGE.ORG/CLASSES/](https://thearcofanchorage.org/classes/)

CLASSES BEGIN OCTOBER 1ST, 2025.

REC/SPARC PROGRAM

907.277.6677
2211 Arca Drive
Anchorage AK, 99508

Achieve with us.